



Junction
Support Services



How do I find out more?

For a referral to Early Help;

- Speak to your school, kinder, childcare, or maternal-child health.
- You can self-refer by contacting the Early Help team at Junction 0260437400.

“*Let's work
together to
empower your
family*”

155 Melbourne Rd
Wodonga VIC

0260 437 400

<https://junction.org.au>


**talk to EARLY
HELP now**



Junction
Support Services

EARLY HELP PROGRAM





The aim of the program is to upskill families, providing tools and strategies to empower families based on their goals, needs and wishes. We provide parents with possible tools and strategies to help with common family struggles to build on their knowledge, skills and confidence.


This may include:

- Developing and maintaining routines
- Emotional regulation
- Interactions between family members
- Activities that promote healthy relationships
- Boundary setting in a variety of environments
- Supporting children to meet developmental milestones
- Connect you to the community and everything it has to offer

EARLY HELP PROGRAM

Early Help is a short-term, evidence-based intervention for children aged 0–12 years and their families. Early Help cares for all children's and families' identity and culture. We focus on the strengths of the families that we are working alongside.

“We can support you to navigate hard stuff in life and build strong connections in your family”



Early Help is a voluntary program. Involvement could include individual support, group work or counselling depending on what the family want. We can support to link you in with longer-term services and navigate referrals with you if required.

